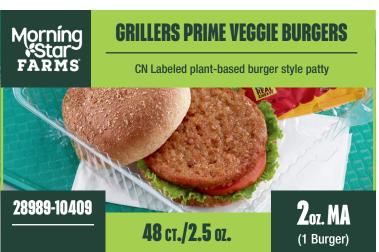
SERVE UP PLANT-BASED OPTIONS THAT STUDENTS LOVE!















FOR RECIPE AND MENU INSPIRATION, VISIT KELLANOVAAWAYFROMHOME.COM



HEATING & PREPARATION INSTRUCTIONS



ORIGINAL VEGGIE SAUSAGE PATTIES



FLAT TOP GRIDDLE OR SKILLET (Recommended method) Keep frozen until ready to use. Heat to a minimum internal temperature of 165°F.

- 1) Preheat to MEDIUM heat.
- 2) Lightly spray griddle or skillet with cooking oil.
- 3) Heat frozen patties over MEDIUM heat for 9½ -10 minutes.
- 4) Flip patties over halfway through heating time.

NOTE: Food will brown on the surface; do not overheat.



IN THE OVEN

(Recommended method)

- 1) Preheat oven to 350°F (CONVECTION) or 375°F (CONVENTIONAL).
- 2) Place frozen patties in single layer on baking sheet.
- 3) Heat for 11-12 minutes (CONVENTIONAL) or 9-10 minutes (CONVECTION).
- 4) Flip patties over halfway through heating time.

Note: Do not overheat. Caution: Never leave cooking appliance unattended while in use Children should be supervised.



SPICY BLACK BEAN BURGER



FLAT TOP GRIDDLE OR SKILLET (Recommended method) Keep frozen until ready to use. Heat to a minimum internal temperature of 165°F.

- 1) Preheat non-stick griddle or skillet over MEDIUM heat.
- 2) Lightly spray griddle or skillet with cooking oil.
- 3) Place frozen burgers in griddle or skillet.
- 4) Heat burgers over MEDIUM heat for 8-10 minutes, turning burgers over halfway through heating time.



IN THE OVEN

(Recommended method)

- Preheat oven to 350°F (CONVECTION).
- Place frozen burgers in a single layer on a baking sheet and heat for 8-10 minutes.

Caution: Never leave cooking appliance unattended while in use. Children should be supervised.

Morning Star &

GRILLERS PRIME VEGGIE BURGERS



FLAT TOP GRIDDLE OR SKILLET (Recommended method) Keep frozen until ready to use. Heat to a minimum internal temperature of 165°F.

- 1) Preheat non-stick skillet over MEDIUM heat.
- 2) Lightly spray griddle or skillet with cooking oil.
- 3) Place frozen burgers on griddle or in skillet.
- 4) Heat burgers for 12-15 minutes, turning burgers over halfway through heating time.



IN THE OVEN

(Recommended method)

- 1) Preheat oven to 350°F (CONVECTION). Set fan to High.
- Place frozen burgers in a single layer on a baking sheet and heat for 9-11 minutes.

Caution: Never leave cooking appliance unattended while in use. Children should be supervised.

MorningStar

ITALIAN SAUSAGE STYLE VEGGIE CRUMBLES



FLAT TOP GRIDDLE OR SKILLET (Recommended method)
Keep frozen until ready to use. Heat to a minimum internal temperature of 165°F. Use directly as desired in your favorite recipe or pre-heat in the skillet.

- 1) Place frozen crumbles in griddle or skillet.
- For every serving, add about 1 Tbsp. of water or 1 tsp. veggie oil and cover griddle or skillet with a lid.
- 3) Heat over MEDIUM-HIGH heat for 4 minutes.
- 4) Reduce heat to MEDIUM. Heat an additional 4 minutes, stirring occasionally.
- 5) Remove lid and simmer to desired consistency, stirring constantly.
- 6) Product is HOT. Carefully remove from griddle or skillet.
- 7) Cool briefly before serving



IN THE OVEN

(Recommended method)

- 1) Preheat oven to 350°F (CONVECTION). Set fan to High.
- Heat thawed crumbles in a foil covered 3" deep hotel pan in a 350°F CONVECTION oven for approx. 20-25 minutes or until min required temp. of 165°F is reached (depends on depth of meat in pan).

Caution: Never leave cooking appliance unattended while in use. Children should be supervised.

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WHOLE GRAIN BREADED CHIK'N NUGGETS



IN THE OVEN (Recommended method)

Keep frozen until ready to use. Heat to a minimum internal temperature of 165°F.

- 1) Preheat oven to 425°F (CONVECTION).
- 2) Place frozen nuggets on baking sheet and heat for 9-12 minutes. Turn nuggets over halfway through heating time.

Caution: Never leave cooking appliance unattended while in use. Children should be supervised

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VEGGIE BUFFALO WINGS



IN THE OVEN (Recommended method)

Keep frozen until ready to use. Heat to a minimum internal temperature of 165°F.

- 1) Preheat oven to 375°F (CONVECTION)
- 2) Place frozen wings on baking sheet and heat for 14-16 minutes. For crispier wings, turn wings over halfway through heating time.

Caution: Never leave cooking appliance unattended while in use. Children should be supervised.



