

VEGETARIAN EATS. BIG FEATS.



**SWAP IT LIKE
IT'S HOT!**

Choosing plant-based and vegetarian options
instead of meat can make a **WORLD** of difference.*

*Product footprint comparisons were assessed by an independent entity using the GHG Protocol Product Standard. Representative MorningStar Farms® products were compared to the most environmentally efficient meat counterparts. Assumptions were made on environmental impacts; actual impacts may vary. All products are compared on a 60g basis. Independent Life Cycle Analysis 2022. https://www.morningstarfarms.com/en_US/veggie-foods-comparison-facts.html.