





2 oz. eq. grain



2 oz. eq. meat/meat alternate



1/2 cup vegetable

MorningStar

Orange Chik'n Bowl

Serving Size: 1 Bowl | Yields: 25 Servings

Ingredients	Weight
MorningStar Farms® Veggie Classics Whole Grain Breaded Chik'n Nuggets	100 nuggets
Rice, Brown, Long Grain, Parboiled, Cooked	12.5 cups
Broccoli Florets, Cooked	12.5 cups
Orange Sauce, Low Sodium, Reduced Calorie	25 oz.

Directions*

- 1. Preheat oven to 375°F.
- Place frozen nuggets on a baking sheet and heat for 14-16 minutes. For crispier nuggets, turn nuggets over halfway through heating time. Cook to an internal temperature of 165°F or higher.
- **3.** Prepare brown rice according to instructions and reserve until ready to assemble dish.
- 4. Prepare broccoli according to instructions and reserve until ready to assemble dish.
- **5.** Heat orange sauce according to instructions and reserve until ready to assemble dish.
- **6.** Hold all outside of temperature danger zone until service.

To Serve

- 1. Portion 4 oz. (1/2 cup) of cooked rice in bowl using a #8 scoop.
- 2. Portion 4 nuggets (3.03 oz.) over rice.
- Use 4 oz. spoodle to portion serving of broccoli in bowl.
- 4. Finish with 1 oz. ladle of orange sauce and serve.

ltem#	Distributor #	Product Description	Case
28989-97762		MorningStar Farms® Veggie Classics Whole Grain Breaded Chik'n Nuggets, CN Labeled, Vegan	1 ct./10 lbs.