MORNINGSTAR FARMS® WHOLE GRAIN BREADED CHIK'N NUGGETS

Morning Star FARMS

NLI # 18300



MorningStar Farms® Veggie Classics Whole Grain Breaded Chik'n Nuggets are a delicious addition to your menu! With enhanced flavor and a fine breading, these savory, satisfying nuggets now deliver 9 grams of whole grain per serving. Ready to heat and serve!

These CN labeled vegan nuggets are made with 100% plant protein and each 4 nugget (86g) serving provides 2 oz. equivalent meat alternate and 1 oz. equivalent grain.

43%

LESS FAT THAN CHICKEN NUGGETS¹

+24%

PLANT-BASED PROTEIN
CHIK'N GROWING
+24.2% VS YEAR AGO²

100%

PLANT PROTEIN



VEGAN



MADE WITH COLORS
& FLAVORS FROM
NATURAL SOURCES

20Z.

20Z. EQUIVALENT MEAT ALTERNATE

10Z.

10Z. EQUIVALENT GRAIN

ITEM NUMBER	DISTRIBUTOR#	PRODUCT DESCRIPTION	CASE PACK
28989-97762		MorningStar Farms® Veggie Classics Whole Grain Breaded Chik'n Nuggets - CN Labeled	1ct./10lb.



#1 PLANT-BASED CHIK'N NUGGET BRAND IN K-12

INGREDIENTS: WATER, SOY PROTEIN CONCENTRATE, WHOLE WHEAT FLOUR, VEGETABLE OIL (CORN, CANOLA AND/OR SUNFLOWER), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SOY PROTEIN ISOLATE.

CONTAINS 2% OR LESS OF METHYLCELLULOSE, POTATO STARCH, SALT, NATURAL FLAVORS, MALTODEXTRIN, POTASSIUM SALT, YEAST EXTRACT, SPICES, SUGAR, YEAST, GARLIC POWDER, ONION POWDER, PAPRIKA COLOR, DEXTROSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), CITRIC ACID, XANTHAN GUM.

CONTAINS SOY AND WHEAT INGREDIENTS

NLI# 18300



Serving Size: 4 nuggets

Serving Suggestion



PREPARATION INSTRUCTIONS

Keep frozen until ready to use. Heat to a minimum internal temperature of 165°F.

RECOMMENDED COOKING AND HOLDING METHODS:



IN THE OVEN

(Recommended method)

- 1) Preheat oven to 425°F.
- 2) Place frozen nuggets on baking sheet and heat for 9-12 minutes. Turn nuggets over halfway through heating time.

(Recommended method)

- 1) Preheat oven to 425°F.
- 2) Place frozen nuggets on baking sheet and heat for 7-10 minutes. Turn nuggets over halfway through heating time.



- 1) Set air fryer to 400°F.
- 2) Place frozen nuggets in basket or on rack for 6-8 minutes. Turn nuggets over halfway through heating time. For best results, prevent nuggets from touching.



- 1) Place frozen nuggets on a microwave safe plate.
- 2) Microwave on HIGH setting until heated thoroughly, turning nuggets over halfway through the heating time.
- 4 nuggets: 1 minute 1 minute 10 sec. Microwaving the entire package at one time is not recommended.

Heating instructions developed using 1100 watt microwave



PACKAGING AND HOLDING

CARRY OUT: Place nuggets in carry out containers that avoid excess steam.

HOLD: For best quality, keep product warm in a hot box or under a heat lamp and consume within 15-20 minutes after preparation.

Oven times may vary depending on oven type, temperature accuracy, and quantity of food. Times given are approximate. Caution: Never leave cooking appliances unattended while in use. Children should be supervised.

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