

EARN AN A+ IN SCHOOL NUTRITION WITH GRAINS



At Kellanova, our goal is to equip you with the best products and resources possible for your continued success — that means constantly evolving to stay on top of the latest in science and regulations. It's all part of our ongoing commitment to K-12 compliance, effective nutrition, and whole-grain greatness. Let's dig in!

LIKE EXTRA CREDIT FOR GROWING MINDS

Nutrition experts are reinforcing the power and importance of grains.

Did you know....



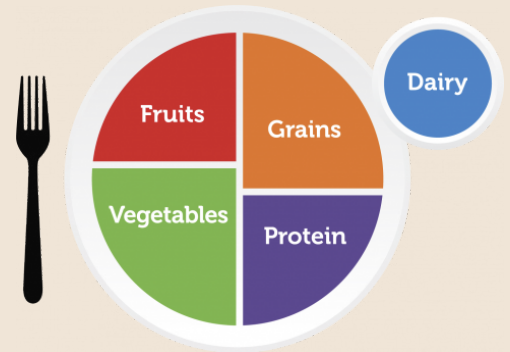
Grains are important sources of many nutrients, including complex carbohydrates, fiber, B-vitamins and certain minerals.¹



Whole and enriched grains contain carbohydrates – the “go-to” fuel for the body!²



Grains can be combined with other plant foods like nuts and legumes to make complete proteins.³



NUTRITIOUS AND DELICIOUS

We offer a variety of veggie-forward and meat analog items, both vegan and vegetarian, packed with high-quality protein.

- Our Whole Grain Breaded Chik'n Nuggets and Whole Grain Breaded Chik'n Patties offer 1 oz. equivalent grain per serving
- All of our K-12 vegetarian and plant-based protein items are CN labeled
- All of our plant-based items contain soy protein — a complete plant-based protein, containing all nine of the essential amino acids in the recommended amounts



PLANET-POSITIVE MEATLESS MEALS

Today's students are committed to making a difference for the environment with ecologically sound choices. That includes choosing **MorningStar Farms®** vegetarian and vegan options.

We worked with climate experts to study the environmental impact of swapping out meat for **MorningStar Farms®** plant-based and vegetarian products.



The results uncovered measurable benefits like:



33% FEWER GREENHOUSE GAS EMISSIONS⁴



73% LESS LAND USAGE⁴



86% LESS WATER USAGE⁴

MORNINGSTAR FARMS® PRODUCTS

ITEM NUMBER	PRODUCT DESCRIPTION	OZ. EQ. GRAIN	OZ. EQ. M/MA	CASE
28989-97152	MorningStar Farms® Original Veggie Sausage Patties CN Labeled	-	1oz.	About 111ct./1.34oz.
28989-49938	MorningStar Farms® Spicy Black Bean Burgers CN Labeled	-	2oz.	48ct./2.9oz.
28989-10409	MorningStar Farms® Grillers Prime Veggie Burgers CN Labeled	-	2oz.	48ct./2.5oz.
28989-10230	MorningStar Farms® Italian Sausage Style Veggie Crumbles CN Labeled	-	1oz.	2ct./5lb.
28989-97762	MorningStar Farms® Whole Grain Breaded Chik'n Nuggets CN Labeled	1oz.	2oz.	1ct./10lb.
28989-10407	MorningStar Farms® Veggie Buffalo Wings CN Labeled	-	2oz.	1ct./10lb.
28989-10641	MorningStar Farms® Whole Grain Breaded Original Chik'n Patty CN Labeled <i>Available SY2026-27</i>	1oz.	2oz.	About 104ct./3.01oz.
28989-10640	MorningStar Farms® Whole Grain Breaded Spicy Chik'n Patty CN Labeled <i>Available SY2026-27</i>	1oz.	2oz.	About 104ct./3.01oz.

BETTER BREAKFASTS FUEL STUDENT SUCCESS

Feast your eyes on these fun meal ideas featuring **MorningStar Farms®** plant-based and vegetarian products. Each tray meets the USDA Final Rule requirements and keeps kids coming back for more!



MorningStar Farms® Whole Grain Breaded Chik'n Nuggets & Eggo® Minis Waffles Maple Flavored, 1 cup fruit, milk

MorningStar Farms® Original Veggie Sausage Patty breakfast slider, 1 cup fruit, milk



1. U.S. Department of Agriculture. ChooseMyPlate.gov Website. Washington, DC. Grains: <https://www.myplate.gov/eat-healthy/grains>. 2. Cohen JFW, et al. The effect of healthy dietary consumption on executive cognitive functioning in children and adolescents: a systemic review. British Journal of Nutrition. 2016;116:989-1000. 3. DGA - MyPlate. 4. Product footprint comparisons were assessed by an independent entity using the GHG Protocol Product Standard. Representative MSF products were compared to the most environmentally efficient meat counterparts. Assumptions were made on environmental impacts; actual impacts may vary. All products are compared on a 60g basis. Independent Life Cycle Analysis 2022. https://www.morningstarfarms.com/en_US/veggie-foods-comparison-facts.html ©2025 Kellanova