

# EARN AN A+ IN SCHOOL NUTRITION WITH GRAINS



At Kellanova, our goal is to equip you with the best products and resources possible for your continued success – that means constantly evolving to stay on top of the latest in science and regulations. It's all part of our ongoing commitment to K-12 compliance, effective nutrition, and whole-grain greatness. Let's dig in!

## LIKE EXTRA CREDIT FOR GROWING MINDS

Nutrition experts are reinforcing the power and importance of grains.

*Did you know....*



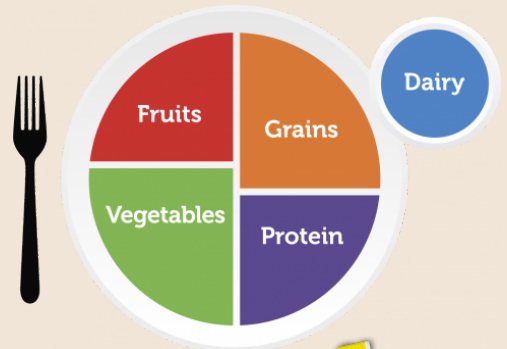
Grains are important sources of many nutrients, including complex carbohydrates, fiber, B-vitamins and certain minerals.<sup>1</sup>



Whole and enriched grains contain carbohydrates – the “go-to” fuel for the body!<sup>2</sup>



Grains can be combined with other plant foods like nuts and legumes to make complete proteins.<sup>3</sup>



## NUTRITIOUS AND DELICIOUS

The **Eggo**® portfolio is a hit with students and operators alike! Our 2 oz. equivalent grain frozen breakfast products check all the boxes:

- Good source of fiber & at least 6 vitamins and minerals
- No high fructose corn syrup
- Colors and flavors from natural sources
- USDA School Nutrition compliant and CACFP eligible



**Eggo**® **Eggoji**™ Waffles Made With 16g Whole Grain and **Eggo**® **Froot Loops**® Waffles Made With 17g Whole Grain both contain only 5 grams of total sugar per serving

# STAYING AHEAD OF THE CURVE

We're proud to say that our entire K-12 **Eggo®** portfolio offers 2 oz. equivalent grain per serving, to satisfy students and the latest USDA requirements.



All our frozen breakfast products contain 11g or less of added sugar per serving, helping operators meet the added sugar provision in the Final Rule Child Nutrition Programs: Meal Patterns Consistent with the 2020-2025 Dietary Guidelines for Americans.

## EGGO® PRODUCTS

ITEM NUMBER	PRODUCT DESCRIPTION	OZ. EQ. GRAIN	CASE
<b>FROZEN BREAKFAST</b>			
38000-24698	<b>Eggo®</b> Eggoji™ Waffles Made With 16g Whole Grain (Serving Size 2 Waffles)	2oz.	144ct./1.23oz.
38000-29443	<b>Eggo®</b> Froot Loops® Waffles Made With 17g Whole Grain (Serving Size 2 Waffles)	2oz.	72ct./2.6oz.
38000-92560	<b>Eggo®</b> Minis Pancakes Blueberry	2oz.	72ct./3.03oz.
38000-92562	<b>Eggo®</b> Minis Pancakes Maple Flavored	2oz.	72ct./3.03oz.
38000-18574	<b>Eggo®</b> Minis Pancakes Confetti	2oz.	72ct./3.03oz.
38000-92313	<b>Eggo®</b> Minis Waffles Cinnamon	2oz.	72ct./2.64oz.
38000-92315	<b>Eggo®</b> Minis Waffles Maple Flavored	2oz.	72ct./2.64oz.
38000-80801	<b>Eggo®</b> Minis French Toast Chocolate Chip	2oz.	72ct./3.03oz.
38000-80693	<b>Eggo®</b> Minis French Toast Original	2oz.	72ct./3.03oz.
<b>GRAHAMS</b>			
38000-29476	<b>Eggo®</b> Original Waffle Graham Crackers	2oz.	100ct./1.74oz.
38000-24520	<b>Eggo®</b> Cinnamon French Toast Graham Crackers	2oz.	100ct./1.76oz.

## BETTER BREAKFASTS FUEL STUDENT SUCCESS

Feast your eyes on these fun meal ideas featuring **Eggo®** frozen breakfast SKUs. Each tray meets the USDA Final Rule requirements and keeps kids coming back for more!



**Eggo®** Minis French Toast Original, 1 cup fruit, milk

**Eggo®** Eggoji™ Waffles Made With 16g Whole Grain, 1 cup fruit, milk

