

Kellogg's® 3ct. Honey Grahams

#30100-91822

3 ct. / 150 ct.

Product & Case Images



Product Features

Kellogg's® knows that sometimes good things come in small packages. These single-serve Kellogg's® Honey Grahams Crackers have the sweet taste of honey and are a perfect addition to breakfast, lunch or snacking. These 3ct. crackers have been baked to perfection and feature a classic, pleasantly sweet taste and crunchy texture. Every serving contains 8g of whole grain, made with colors and flavors from natural sources, and no high fructose corn syrup, 1oz grain equivalent and are Smart Snack Eligible.

Case Specifications

GTIN # 000-30100-91822-6

Case Ct. 3 ct. / 150 ct.

Case Dimensions 13.325"L x 12"W x 7.375"H

Case Cube 0.682 CF

Case Gross Wt. 8.028 LB.

Case Net Wt. 7.312 LB.

Cases/Pallet 72

Pallet Configuration 12x6 (49.274 CF)

Shelf Life 270 Days

Preparation Instructions

Kellogg's® Honey Grahams Crackers are ready to eat out of the package.

Food Image



1

Oz. Grain
Equivalency



Buy American
Compliant



CACFP
Eligible

SS

Smart Snacks
Eligible



No HFCS



No Synthetic Colors
& No Artificial
Flavors

OK

Pareve

Kosher Status

Nutrition Facts

About 150 servings per container
Serving size 1 Package (22g)

Amount per serving
Calories 90

% Daily Value*

Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 5g Added Sugars	10%
Protein 1g	
Vitamin D 0mcg 0%	Calcium 10mg 0%
Iron 0.7mg 4%	Potassium 40mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), MOLASSES, HONEY, CORN SYRUP.

CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), NATURAL FLAVORS, SALT, SOY LECITHIN.

Allergen Information

CONTAINS WHEAT AND SOY INGREDIENTS.

Barry A. Brothers, MS RDN
Senior Wellbeing & Regulatory Lead
Kellanova Away From Home

Updated January 2026. © 2026 Kellanova
NLI #17894

Barry A. Brothers MS RDN

Kellanova

Product Name	Honey Grahams
Flavor Descriptor	
NLI Description	Production
Brand	KELLOGG'S



Date Created	01-01-26
NLI #	17894
Kosher Status	OK Pareve
Product of	U.S.A.

USDA Ounce Equivalents of Grain per Serving		1
USDA Ounce Equivalents of Meat/Meat Alternate		
Whole Grains (g/serving)		8
USDA Bioengineered (BE) Status	Contains a bioengineered food ingredient	

Serving Size	1 Package					
Serving Size g	22					
Serving Size oz						
Amount Per Serving						
Calories	90					
			% Daily Value*			% Daily Value*
Total Fat	2.5	g	3	%	g	%
Saturated Fat	0	g	0	%	g	%
Trans Fat	0	g			g	
Polysaturated Fat		g			g	
Monounsaturated Fat		g			g	
Cholesterol	0	mg	0	%	mg	%
Sodium	90	mg	4	%	mg	%
Total Carbohydrate	17	g	6	%	g	%
Dietary Fiber	1	g	4	%	g	%
Soluble Fiber		g			g	
Insolube Fiber		g			g	
Total Sugars	5	g			g	
Includes 5g Added Sugars	5	g	10	%	g	%
Sugar Alcohol		g			g	
Protein	1	g		%	g	%
Vitamin D	0	mcg	0	%	mcg	%
Calcium	10	mg	0	%	mg	%
Iron	0.7	mg	4	%	mg	%
Potassium	40	mg	0	%	mg	%
Vitamin A		mcg		%	mcg	%
Vitamin C		mg		%	mg	%
Vitamin E		mg		%	mg	%
Vitamin K		mcg		%	mcg	%
Thiamin		mg		%	mg	%
Riboflavin		mg		%	mg	%
Niacin		mg		%	mg	%
Vitamin B6		mg		%	mg	%
Folate		mcg DFE		%	mcg DFE	%
Folic Acid		mcg		%	mcg	%
Vitamin B12		mcg		%	mcg	%
Biotin		mcg		%	mcg	%
Pantothenic Acid		mg		%	mg	%
Phosphorus		mg		%	mg	%
Iodine		mcg		%	mcg	%
Magnesium		mg		%	mg	%
Zinc		mg		%	mg	%
Selenium		mcg		%	mcg	%
Copper		mg		%	mg	%
Manganese		mg		%	mg	%
Chromium		mcg		%	mcg	%
Molybdenum		mcg		%	mcg	%
Chloride		mg		%	mg	%
Choline		mg		%	mg	%
Fluoride		mg		%	mg	%

INGREDIENT INFORMATION:

Ingredients: Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), sugar, vegetable oil (soybean and/or canola), molasses, honey, corn syrup.

Contains 2% or less of leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), natural flavors, salt, soy lecithin.

ALLERGEN INFORMATION:

CONTAINS WHEAT AND SOY INGREDIENTS.

Nutrient Contents Per 100g

Calories	412	Vitamin E	0	mg
Total Fat	10.5	Vitamin K	NA	mcg
Saturated Fat	1.5	Thiamin	0.42	mg
Trans Fat	0	Riboflavin	0.2	mg
Polysaturated Fat	6	Niacin (NE)	5.1	mg
Monounsaturated Fat	2.5	Vitamin B6	0	mg
Cholesterol	0	Folate (DFE)	107	mcg
Sodium	420	Folic Acid	55	mcg
Total Carbohydrate	77.3	Vitamin B12	0	mcg
Dietary Fiber	4.6	Biotin	NA	mcg
Soluble Fiber	0.8	Pantothenic Acid	NA	mg
Insoluble Fiber	3.8	Phosphorus	69	mg
Total Sugars	21.4	Iodine	NA	mcg
Added Sugars	21.2	Magnesium	0	mg
Sugar Alcohols	0	Zinc	0	mg
Protein	6.3	Selenium	NA	mcg
Vitamin D	0	Copper	NA	mg
Calcium	48.9	Manganese	NA	mg
Iron	3.5	Chromium	NA	mcg
Potassium	205	Molybdenum	NA	mcg
Vitamin A (RAE)	0	Chloride	NA	mg
Vitamin C	0	Choline	NA	mg
NA = Database values for the nutrient do not exist or are incomplete.		Fluoride	NA	mg
		Moisture	2.9	%
		Ash	3	%
		Whole Grain	37.12	%

GTIN/UPC Code	Type of Package	Net Weight	Servings Per Container
000 30100 91823 3	Package	0.78OZ (22g)	1
000 30100 91822 6	Case	7LB 5 OZ (3.3kg)	150
		150 - 0.78OZ (22g) pkgs	
000 38000 78791 1	Case		
000 38000 78792 8	Case		
000 38000 51091 5	Case		
	Carton	2.54 OZ (72g) & 4.23 FL OZ (125ml)	1
000 38000 19203 6	Case		
000 38000 23115 5	Case		

Product information can change at any time.
Always refer to product package for current nutrition and ingredient information.

Barry A Brooks MS RDN

Barry Brothers, MS RDN
Senior Wellbeing & Regulatory Lead
Kellanova



Product Formulation Statement for Documenting Grains in Child Nutrition Programs

(Crediting Standards Based on Grams of Creditable Grains (ounce equivalent))

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Program operators have the option to choose the crediting method that fits their specific menu planning needs.

Product Name: Kellogg's Honey Grahams Code No.: 30100 91822

Manufacturer: Kellanova Serving Size: 1 Package (22 g)
(raw dough weight may be used to calculate creditable grains)

I. Does the product meet the whole grain-rich criteria? Yes X No

II. Does the product contain non-creditable grains? Yes No X How many grams?
(Products with more than 0.24 ounce equivalent (oz eq) or 3.99 grams (g) for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.)

III. Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16g creditable grains per oz eq; Groups H and I use the standard of 28g creditable grains per oz eq or volume.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: B

DESCRIPTION OF CREDITABLE GRAIN INGREDIENT*	GRAMS OF CREDITABLE GRAIN INGREDIENT PER PORTION ¹ A	GRAM STANDARD OF CREDITABLE GRAINS PER OZ EQ (16g or 28g) ² B	CREDITABLE AMOUNT A/B
Whole Wheat Flour, Enriched Wheat Flour	16	16	1
Total Creditable Amount ³			1

* Creditable grains vary by Program. See the FBG for specific Program requirements.

¹ (Serving size) X (% of creditable grains in formula); serving sizes other than grams must be converted to grams.

² Standard grams of creditable grains from the corresponding Group in Exhibit A.

³ Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 22 g

Total contribution of product (per portion) 1 oz eq

I certify that the above information is true and correct and that a 22 g portion of this product (ready for serving) provides 1 oz eq grains.

I further certify that non-creditable grains are not above 0.24 oz eq per portion. Products with more than 0.24 oz eq or 3.99g for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.

Barry A Brooks MS RDN
Signature

Senior Wellbeing & Regulatory Lead
Title

Barry Brothers, MS RDN
Printed Name

1-1-2026
Date

1-877-511-5777
Phone Number



Smart Snacks Product Calculator Results

Brand:
Kellogg's

Product Name:
Honey Grahams

Serving Size:
1 Package (22g)

First Ingredient:
Whole Wheat Flour

Your whole grain product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 22.00 g ⓘ

Servings Per Container

Amount Per Serving

Calories 90

Total Fat (g) 2.5

Saturated Fat (g) 0

Trans Fat (g) 0

Sodium (mg) 90

Carbohydrates

Total Sugars (g) 5

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

LEADING THE WAY FOR CHILDREN'S HEALTH